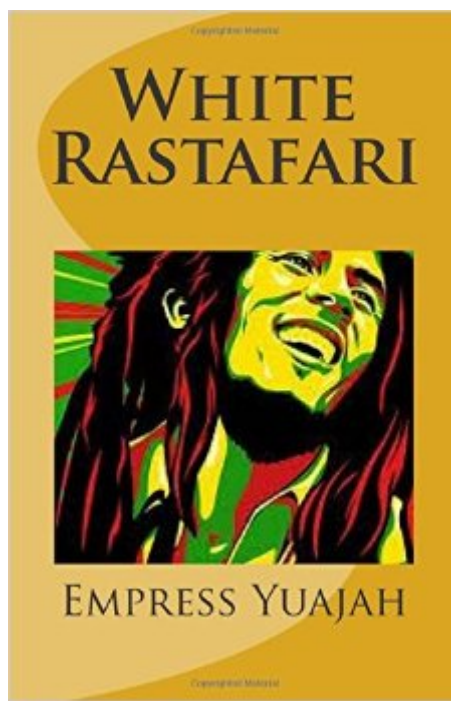


The book was found

White Rastafari



Synopsis

Learn what it takes to follow the Rastafari Livity, as a white Rasta. Who was the first Rasta man? Where is the word "Jah" in the bible? What is the Royal ancestry of King Selassie I? How do I know Rastafari is right for me? What are the complete 10 Principles (beliefs) of Rastafari living? Who is King Selassie I to the Rastafari peoples? And much much more!

Book Information

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Average Customer Review: 3.5 out of 5 starsÂ Â See all reviewsÂ (4 customer reviews)

Best Sellers Rank: #182,988 in Books (See Top 100 in Books) #2 inÂ Books > Religion &

Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Rastafari Movement

Customer Reviews

This book contains some very good information for someone with a general interest in Rastafari. My chief complaint would be that overall the book is too general and contains items that I didn't feel were pertinent to the subject. The editing seemed choppy but it hits the high points for someone with a cursory interest.

First, I'd like to send big love to the author for writing a book on Rastafari and for reaching out to those people who have the "Rasta heart." A great idea! Five stars on that front. The reason I gave this book three stars: I didn't find that the information in it was very pertinent. Most of the book is spent discussing the properties of melanin, black inventors and their inventions, quoting Bob Marley lyrics and speeches by M.L.K. Jr, Marcus Garvey, and H.I.M. Haile Selassie. Interesting things all of them-- and related to Rastafari, although sometimes in a generalized (and very tangential) way, but I thought it had little to do with the specific subject. Could it be that there just isn't THAT much to say about white Rastas? The author summed it up very nicely in the first pages: Rastafari is open to everyone, regardless of their color. Rastafari is a calling of the heart and an elevation of the consciousness rather than anything having to do with race or nationality . Rastas are born-- not

converted. She did touch a bit on the whys and hows of dreadlocks, general Rasta beliefs to live by, a bit about the Rasta diet and a few Ital recipes (although some included oil, and beef suet?), and about Rasta Sabbath celebrations, which was very interesting. My suggestion would have been to take what she had to say about white rastas and include that as a section in one of her other books on Rastafari in general (instead of trying to expand the subject into a book of its own.)

I've bought her other books on Rastafari and the majority of this book was already present in her other books. There was relatively little information in this book that was new.

Fast transaction! A+ thanks

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